

**PRAYERS OF THE  
NINEVEH LENT  
GREAT LENT  
AND  
PASSION WEEK**



Translated and Published  
By  
Mathews Mar Barnabas  
Metropolitan of the  
American Diocese of the  
Malankara Orthodox Syrian Church  
(For private circulation only)  
March 25, 2000

(These Lenten prayers are translations of the selected portions of the "KUDUMBARADHANAKRAMAM" for daily use, until the Holy Episcopal Synod publishes another one. Kaumas, Psalms, Creed etc. are to be said in each prayer. This is meant for those who can't read Malayalam)

**GREAT LENT**  
Evening Prayers

**Kauma**

O Lord Jesus Christ, who fasted for our sake, even while you never lacked in your holiness, grant us your grace to fast according to your pleasure.

Through lent, the righteous pleased God, becoming godly. Moses, Elijah and our Lord, fasted for forty days. Glory be to you, O Lord Jesus Christ, who has taught us to overcome Satan through fasting and prayers. O Lord, may our fasting and prayers become fragrance, acceptable before you, as sweet smelling incense.

Holy lent is the symbol of victory and a weapon undefeatable before the enemy. O Lord may our prayers be pleasing to you. May our requests enter before you as sweet smelling incense.

O Lord Jesus Christ, who received the fasting of the righteous and the saintly, accept our fasting and prayers and have mercy upon us.

O Lord, we are the lost sheep that ran after vanities and went away from the way of life. O good shepherd, come in search of us. Forsake us not, so that we may not be lost for ever. Count us on the other hand, as the penitent publican, the woman who was a

sinner and the wise virgins, and make us worthy to enter your bridal chamber.

O God, remit our debts and forgive our sins, for we have sinned and we cry unto you. O lover of mankind, make us worthy to glorify you, for your mercies along with your saints, when you come in glory. In the manner of the prodigal son, we cry in grief. Our Father, have pity and mercy on us. We have sinned against heaven and you. We are not worthy to be called your children. Accept us at least as hired servants. O merciful God, forgive us all the sins we have committed against you.

O Lord make us worthy to give up all evil, to get reconciled to your godliness. Help us to love one another and to receive mercy and forgiveness of sins. O Christ the king, on the great day of your appearance, all the generations will come, and give account of their deeds. Then the good and the bad will get separated and each group will go to the allotted places. The fiery ocean will be roaring. O Lord have mercy on us on that day. O Lord open your great door full of mercy, hear our prayers and have mercy on us.

Since both the soul and the body have to observe the lent, when the body denies food, the soul should deny evil. A lent which denies only food and does not deny evil thoughts, is worthless. O Lord help us to observe the lent diligently in body and soul.

Lent is beneficial. But if one observes the lent without love, his abstinence has no value. Prayer is lovely, but if love does not raise its wings, they become weak. Such a person cannot behold the Most High.

## Midnight, Morning and Noon Prayers

### Kauma

O Lord, there is no night in which I fail to remember you on my bed. In the night I was thinking how severe you are, to them who do not repent. I heard the voice of Daniel telling that fiery river flows from you. Woe unto me, as my sins are numerous. If your grace does not plead for me and you do not have mercy on me, how can I cross that river! O Lord, have mercy upon me, according to your kindness.

O Lord, where am I to go from your presence, where am I to go and hide myself? If I go to the heights, you are there without beginning and end. If I go to the hades, your authority is there also. Therefore, O Lord, have mercy upon me and make me stand on your right hand side, in your kindness, because before you there is no one sinless.

O Lord, as there is no leniency in you, we the sinful are sorry. Have mercy upon us in your kindness. When the Book of Life is opened and your justice examines our wrong doings, let your mercy plead with

your justice and we the guilty, receive forgiveness. O Lord, we confess that we have sinned against you. Have mercy upon us in your kindness.

Woe to us. We have not benefited by our fellowship with the righteous as we have not learned from their good works. We have alienated ourselves from their festivities. Our evil deeds cast us away from their ranks.

The robber on the cross, the publican and the adulterous woman who repented of her sins with tears, all these bear witness to the truth that God's door is always full of mercy and that He will never refuse to open that door to anyone who knocks. O Savior of the world, grant us forgiveness of sins like unto them.

- Jesus be a helper to us.
- Jesus be our refuge.
- Jesus strengthen us.
- Jesus protect us.
- Jesus cast away Satan from us.
- Jesus forgive us our debts and sins.
- Jesus have mercy upon us on the day of judgment.

He who has sinned should see that he never sins again. He who has not sinned has to be cautious not to sin. Because justice is sitting at the door and writing down all the deeds of every one without any favoritism. O Lord, who knows our secrets, have mercy upon us.

O sinners, tremble seeing the endless fire of hell. Purify your hearts from evil. Wash the stains of sin with your tears. Placate the heavenly king. He will give your eternal joy on the last day. Meet unto Him is praise.

As the end of the world and the day of judgment are nearby, Lord grant us a well prepared heart and burning torches. When the whole children of Adam get resurrected and the righteous and the wicked get separated from each other, grant that we may stand at your right hand side and glorify you continuously.

Woe to those who hid their money, by not giving to the poor and the beggars. Woe to those who took undue interest, putting their trust in the riches which will be destroyed by fire. Blessed are those who clothed the naked; they will receive imperishable glory in the chamber of light. Blessed are those who fed the hungry; they will rejoice in the kingdom of heaven. Grant O Lord, that we may not put our trust in riches, forfeiting your mercies.